

SPiRiT RUN

27 YEARS RUNNING

March 21
2010



REGISTRATION FORM



Individual Entry or Family Member #1

Last _____ First _____
 Birthdate ____/____/____ Male Female Grade Level* _____ (mandatory)
 Address _____ City _____
 State _____ Zip _____ Phone _____
 Email _____

T-SHIRT	Youth Short Sleeve	Adult Short Sleeve	Adult Long Sleeve
	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/>	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> (add \$2 XXL)	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> (add \$5 long sleeve)

School: _____ Teacher: _____

EVENT	<input type="checkbox"/> Ruby's Hot Cakes Breakfast Ruby's Hot Cakes & Sausage (\$5)	<input type="checkbox"/> Adult 5K (\$30)	<input type="checkbox"/> Adult 10K (\$30)	<input type="checkbox"/> Adult 15K (\$40)
	<input type="checkbox"/> Single Youth 5K (\$20)* Fastest Time: _____:_____	<input type="checkbox"/> Single Youth 1/4Mile-1Mile (\$20)	<input type="checkbox"/> Youth Combo (\$30)	
<input type="checkbox"/> Twice the Fun-Youth Only (Track Meet+single Spirit Run race\$30; Track Meet+Spirit Run Youth Combo\$40 - MUST COMPLETE PAGE 2 OF THIS REGISTRATION FORM)				

For a complete description of events, see page 2 of this form or the "Race Info" page at www.nbspiritrun.org

Entry Fee \$ _____
Ruby's Hot Cakes and Sausage (\$5) \$ _____
XXL (\$2) or Long Sleeve (\$5) Fee \$ _____

Individual Entry or Family Member #2

Last _____ First _____
 Birthdate ____/____/____ Male Female Grade Level* _____ (mandatory)
 Address _____ City _____
 State _____ Zip _____ Phone _____
 Email _____

T-SHIRT	Youth Short Sleeve	Adult Short Sleeve	Adult Long Sleeve
	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/>	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> (add \$2 XXL)	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> (add \$5 long sleeve)

School: _____ Teacher: _____

EVENT	<input type="checkbox"/> Ruby's Hot Cakes Breakfast Ruby's Hot Cakes & Sausage (\$5)	<input type="checkbox"/> Adult 5K (\$30)	<input type="checkbox"/> Adult 10K (\$30)	<input type="checkbox"/> Adult 15K (\$40)
	<input type="checkbox"/> Single Youth 5K (\$20)* Fastest Time: _____:_____	<input type="checkbox"/> Single Youth 1/4Mile-1Mile (\$20)	<input type="checkbox"/> Youth Combo (\$30)	
<input type="checkbox"/> Twice the Fun-Youth Only (Track Meet+single Spirit Run race\$30; Track Meet+Spirit Run Youth Combo\$40 - MUST COMPLETE PAGE 2 OF THIS REGISTRATION FORM)				

For a complete description of events, see page 2 of this form or the "Race Info" page at www.nbspiritrun.org

Entry Fee \$ _____
Ruby's Hot Cakes and Sausage (\$5) \$ _____
XXL (\$2) or Long Sleeve (\$5) Fee \$ _____

Individual Entry or Family Member #3

Last _____ First _____
 Birthdate ____/____/____ Male Female Grade Level* _____ (mandatory)
 Address _____ City _____
 State _____ Zip _____ Phone _____
 Email _____

T-SHIRT	Youth Short Sleeve	Adult Short Sleeve	Adult Long Sleeve
	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/>	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> (add \$2 XXL)	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> (add \$5 long sleeve)

School: _____ Teacher: _____

EVENT	<input type="checkbox"/> Ruby's Hot Cakes Breakfast Ruby's Hot Cakes & Sausage (\$5)	<input type="checkbox"/> Adult 5K (\$30)	<input type="checkbox"/> Adult 10K (\$30)	<input type="checkbox"/> Adult 15K (\$40)
	<input type="checkbox"/> Single Youth 5K (\$20)* Fastest Time: _____:_____	<input type="checkbox"/> Single Youth 1/4Mile-1Mile (\$20)	<input type="checkbox"/> Youth Combo (\$30)	
<input type="checkbox"/> Twice the Fun-Youth Only (Track Meet+single Spirit Run race\$30; Track Meet+Spirit Run Youth Combo\$40 - MUST COMPLETE PAGE 2 OF THIS REGISTRATION FORM)				

For a complete description of events, see page 2 of this form or the "Race Info" page at www.nbspiritrun.org

Entry Fee \$ _____
Ruby's Hot Cakes and Sausage (\$5) \$ _____
XXL (\$2) or Long Sleeve (\$5) Fee \$ _____

Individual Entry or Family Member #4

Last _____ First _____
 Birthdate ____/____/____ Male Female Grade Level* _____ (mandatory)
 Address _____ City _____
 State _____ Zip _____ Phone _____
 Email _____

T-SHIRT	Youth Short Sleeve	Adult Short Sleeve	Adult Long Sleeve
	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/>	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> (add \$2 XXL)	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> (add \$5 long sleeve)

School: _____ Teacher: _____

EVENT	<input type="checkbox"/> Ruby's Hot Cakes Breakfast Ruby's Hot Cakes & Sausage (\$5)	<input type="checkbox"/> Adult 5K (\$30)	<input type="checkbox"/> Adult 10K (\$30)	<input type="checkbox"/> Adult 15K (\$40)
	<input type="checkbox"/> Single Youth 5K (\$20)* Fastest Time: _____:_____	<input type="checkbox"/> Single Youth 1/4Mile-1Mile (\$20)	<input type="checkbox"/> Youth Combo (\$30)	
<input type="checkbox"/> Twice the Fun-Youth Only (Track Meet+single Spirit Run race\$30; Track Meet+Spirit Run Youth Combo\$40 - MUST COMPLETE PAGE 2 OF THIS REGISTRATION FORM)				

For a complete description of events, see page 2 of this form or the "Race Info" page at www.nbspiritrun.org

Entry Fee \$ _____
Ruby's Hot Cakes and Sausage (\$5) \$ _____
XXL (\$2) or Long Sleeve (\$5) Fee \$ _____

Total Fees & Payment	Total Entry Fees
Entry Fees (from above)	\$ _____
Twice the Fun – Non-Newport Beach Residents add \$3 per participant	\$3 x _____ participant(s) \$ _____
Total Payment	Total \$ _____

Enclose non refundable and non transferable check payable to Spirit Run and Mail to: **Time Management * PO Box 131314 * Carlsbad, CA 92013-1314**

WAIVER I hereby release the Spirit Run, City of Newport Beach, Book that Events and their employees and contractors, USAT&F, Regal/Edwards Theatres, Newport Center/Fashion Island, all representative and agents of any of the foregoing, and all municipal agencies whose property and/or personnel are used, and other sponsoring or co-sponsoring company(ies), agency(ies) or individual(s) from responsibility for any injuries or damages I/my child may suffer as a result of my/my child's participation in the Spirit Run and/or the Newport Beach Track Meet. I hereby certify that I/my child am in good condition and am able to safely compete in this event. I will additionally permit the use of my/my child's name and pictures in broadcasts, telecasts, newspapers, brochures, etc. and I also understand that the entry fee is nonrefundable and nontransferable. As a participating athlete, I certify that all information provided in this form is true and complete. I have read the entry information provided for the event and certify my/my child's compliance. I understand that by providing my email address, I may receive messages from the Spirit Run and affiliated entities. IF ATHLETE IS UNDER AGE 18: This is to certify that my son/daughter has my permission to compete in the Spirit Run and/or the Newport Beach Track Meet, is in good physical condition, and that race officials have my permission to authorize emergency treatment if necessary.

SIGNATURE(S)

Member#1 _____ Date _____ Member#2 _____ Date _____
 Member#3 _____ Date _____ Member#4 _____ Date _____

TWICE THE FUN

CITY OF NEWPORT BEACH TRACK MEET REGISTRATION FORM—APRIL 16, 2010

Individual Entry or Family Member #1 (for a third registrant, print form again)

Last Name _____ First _____ Birthdate ____/____/____

Select 3 events in your division (i.e., year of birth): 2 Running and 1 Field OR 2 Field and 1 Running

Born in 1995	Born in 1996	Born in 1997	Born in 1998	Born in 1999	Born in 2000	Born in 2001
<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash	<input type="checkbox"/> 50m dash
<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run	<input type="checkbox"/> 100m dash
<input type="checkbox"/> 400m run	<input type="checkbox"/> 400m run	<input type="checkbox"/> 400m run	<input type="checkbox"/> 400m run	<input type="checkbox"/> 400m run	<input type="checkbox"/> 400m run	<input type="checkbox"/> 200m run
<input type="checkbox"/> 1600m run	<input type="checkbox"/> 1600m run	<input type="checkbox"/> 1600m run	<input type="checkbox"/> 800m run	<input type="checkbox"/> 800m run	<input type="checkbox"/> 800m run	<input type="checkbox"/> 400m run
<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw
<input type="checkbox"/> long jump	<input type="checkbox"/> long jump	<input type="checkbox"/> long jump	<input type="checkbox"/> long jump	<input type="checkbox"/> long jump	<input type="checkbox"/> long jump	<input type="checkbox"/> long jump
<input type="checkbox"/> high jump	<input type="checkbox"/> high jump	<input type="checkbox"/> high jump				
<input type="checkbox"/> shot put	<input type="checkbox"/> shot put	<input type="checkbox"/> shot put				

Born in 2002	Born in 2003
<input type="checkbox"/> 50m dash	<input type="checkbox"/> 50m dash
<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash
<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run
<input type="checkbox"/> 400m run	<input type="checkbox"/> softball throw
<input type="checkbox"/> softball throw	<input type="checkbox"/> long jump
<input type="checkbox"/> long jump	



Family Member #2 (for a third registrant, print form again)

Last Name _____ First _____ Birthdate ____/____/____

Select 3 events in your division (i.e., year of birth): 2 Running and 1 Field OR 2 Field and 1 Running

Born in 1995	Born in 1996	Born in 1997	Born in 1998	Born in 1999	Born in 2000	Born in 2001
<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash	<input type="checkbox"/> 50m dash
<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run	<input type="checkbox"/> 100m dash
<input type="checkbox"/> 400m run	<input type="checkbox"/> 400m run	<input type="checkbox"/> 400m run	<input type="checkbox"/> 400m run	<input type="checkbox"/> 400m run	<input type="checkbox"/> 400m run	<input type="checkbox"/> 200m run
<input type="checkbox"/> 1600m run	<input type="checkbox"/> 1600m run	<input type="checkbox"/> 1600m run	<input type="checkbox"/> 800m run	<input type="checkbox"/> 800m run	<input type="checkbox"/> 800m run	<input type="checkbox"/> 400m run
<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw	<input type="checkbox"/> softball throw
<input type="checkbox"/> long jump	<input type="checkbox"/> long jump	<input type="checkbox"/> long jump	<input type="checkbox"/> long jump	<input type="checkbox"/> long jump	<input type="checkbox"/> long jump	<input type="checkbox"/> long jump
<input type="checkbox"/> high jump	<input type="checkbox"/> high jump	<input type="checkbox"/> high jump				
<input type="checkbox"/> shot put	<input type="checkbox"/> shot put	<input type="checkbox"/> shot put				

Born in 2002	Born in 2003
<input type="checkbox"/> 50m dash	<input type="checkbox"/> 50m dash
<input type="checkbox"/> 100m dash	<input type="checkbox"/> 100m dash
<input type="checkbox"/> 200m run	<input type="checkbox"/> 200m run
<input type="checkbox"/> 400m run	<input type="checkbox"/> softball throw
<input type="checkbox"/> softball throw	<input type="checkbox"/> long jump
<input type="checkbox"/> long jump	

CITY OF NEWPORT BEACH REGISTRATION AGREEMENT AND LIABILITY WAIVER In consideration of accepting this registration, I waive and voluntarily assume all risk of personal injury which may be sustained while participating. I forever release, discharge and hold harmless the City of Newport Beach, the Newport-Mesa School District and all of its officers, agents and employees from any and all liability, claims, damages, costs, loss of service, expenses and compensation as a result of any injuries or damages to any person or property arising out of, or in any way related to, participation in the program by the person registered, and also all claims or rights of action for damages which participant has or may have either before or after he/she had reached his/her legal age (18 years old), resulting or to result from or in connection with or participation in the program by the person registered. The laws of the State of California shall govern this agreement. The undersigned, hereby acknowledged to be lawful parent(s) (and/or guardian(s)) of the participant, acknowledge(s) my/our qualifications to sign the Release on behalf of the participant. PHOTO RELEASE: I understand that from time to time City representatives may photograph activities of City recreation programs and participants. By signing this form, I authorize City of Newport Beach Recreation Services to use or publish any photographs taken by the City showing my participation or my child/children's participation to promote classes on the City's Internet web site, future publications of the Newport Navigator and flyers.

SIGNATURE(S) Member#1 _____ Date _____
 Member#2 _____ Date _____



SPIRIT RUN EVENT DESCRIPTIONS

Adult 5K or 10K (\$30) - Entitles participant to run the Adult 5k or the 10K. Parents/guardians of Youth in the Youth 5k may register for the Adult 5k and run in the Youth 5k, but must start in the back of the pack and are not eligible for any awards. No other adults may run in the Youth 5k.

Adult 15k (\$40) - Entitles participant to run the Adult 5k and 10k. Both times will be combined and ranked. Participants will receive 2 bibs and must wear a different bib in each race to receive finishing times for each race and to be eligible for a prize or award.

Single Youth 5k (\$20) - Entitles pre-highschoolers age 14 and under to run the Youth 5k. Registration form must denote grade level. If seeking a preferred start, please note fastest 5k time on registration form. See Adult 5k above concerning parents/guardians in the Youth 5k.

Single Youth 1/4-1 mile race (\$20) - Entitles children age 4-14 to entry into the age appropriate 1/4 - 1-mile race. Visit www.nbspiritrun.org for a list of the various 1/4 - 1-mile races and their start times.

Youth combo (\$30) - Entitles youth participant to run Youth 5k and the age appropriate 1/4 - 1-mile race. Participants will receive 2 bibs and must wear a different bib in each race to receive finishing times in each race and to be eligible for a prize or award.

NEW Twice the Fun - Combined Entry into the Spirit Run & the Frank E. Anderson Memorial Newport Beach Elementary Track Meet on Friday, April 16, 2010 at Corona del Mar High School. Only open to children born in 1995-2003. Fees depend on whether or not child resides in Newport Beach and whether child registers for Spirit Run "Single Youth Race" or "Youth Combo." Entry entitles registrant to 3 events at Newport Beach Track Meet to include 2 running and 1 field or 2 field and 1 running (no one may register for 3 running or for 3 field events). Event options depend on the year of birth. See form above for events in each age division.